



Winnisquam Office of Student Wellness

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Communications

Community Management Team Meeting Minutes for February 14, 2019

Attendees:

Sarah Fox (Office of Student Wellness)	Sue Bergman	Mike Bryant (WRMS- WRSD)
Chief Cormier (Tilton PD)	Dawn Shimberg (YAP)	Hallie Fortin (YAP - PSU)
Meo Ramberg Pihl (Office of Student Wellness)	Jessica Descoteaux (Office of Student Wellness)	Nancy Coffin (WRSD)
Tara Nelson (Riverbend)	Eric Keck (SS - WRSD)	Melissa White (WRSD)
Rick Frost (NH National Guard)	Sandy Alonzo (NAMI NH)	Susan Greenwell (NAMI NH)
Melissa Lee (NH DOE)	Kelley Gaspa (PPHNNH)	Anya Twarog (HeadStart)
Brittni Stewart (Pines C.C.)	Samantha Magoon (Pines C.C.)	

Updates:

Sue:

- discussed the ability to do assemblies for student wellness
 - involve mind, body & spirit
 - incorporate movement & writing- integrated approach
- also provides PD for educators

Mike:

- working with Boys and Girls Club - looking for director. If not by the end of this school year, by the beginning of next year. Space is available at the MS
- Coordinator of Student Wellness position will most likely be divided 1/2 time at the MS and the other 1/2 of that position will be at the HS. Still in the budget process.

Chief Cormier:

- LEAD is in its 3rd year at WRMS

- held a training at the academy in January (42)
- will be training more officers and teachers in June
- Went to Washington DC to talk about LEAD last week

Nancy:

- held 1st District MTSS meeting for admin from all levels
 - next meeting will be next Tuesday @ SAU, 3:15 with Kathy Francoeur
- Will be visiting LMS in March to observe their Tier II interventions

Tara:

- Riverbend currently has clinicians in 4 of the schools in the district

Eric:

- mother/son dance theme this year is the Wild Wild West, Eric will be the Sheriff
- Ag center is doing tree work at the school- outdoor classroom - to prep for mountain bike trails

Melissa White:

- update on homeless youth in the district
 - most ever with 30 in the district - 15 at the HS
 - How can we best support them? (eg. funding, as a district, funding a position to support)
 - Contacts will be made through CAP and NAMI NH
 - Suggestion was made to reach out to 211
 - Tilton PD can assist if called

Rick:

- connecting the work here with his community

Sandy:

- NAMI NH Trainings
 - 3/9 Annual Conference (Check their Website for more info www.naminh.org)
 - 3/17 & 17 - weekend event - Train the Trainer Parents -Meeting the Challenge

Melissa Lee:

- State level team - responding to MTSS-B
 - connections to Justice Broderick
 - Spreading word/ opportunities for student wellness

Kelley:

- partnered with New Futures for Legislative Breakfast
 - provided opportunity to bring awareness
 - included youth's voice
- April 16 - event and appreciation breakfast (for everyone involved with youth impacted by substance misuse)

Any:

- Had trainings for staff
 - Youth Mental Health First Aid
 - Nurtured Heart - teachers are implementing it and are motivated
 - Next training is Culture of Poverty - all staff will be trained on 3/11 - doors will be closed
- Due to lack of staffing, a classroom in Laconia was closed- hopefully reopen after qualified Early Childhood Ed teacher is hired

Brittni & Samantha:

- Waitlist for BCB and ACB due to staffing issues

Jess:

- updated CMT on pending, accepted, enrolled, and total referrals for region

Sarah:

- We will be partnering with Franklin Office of School Wellness for a Movie Series
- Looking for more youth Mental Health providers to hold a meet and greet breakfast.
 - New Leaf Counseling
 - Regional Public Health Map

Website redesign launch: - Meo unveiled the new website design which can be viewed here <https://www.wrsoc.org/>

Stand Up Winnisquam: - Dawn lead a discussion re: event name for Community Asset Workshop/Community Fair; Middle School, Wednesday, April 3 5:30-7:30

- there will be food (by donation), childcare, a workshop (still in need of a name)
- gathering in the gym - 2 bouncy houses, resource tables, summer activities, etc
- looking for more community partners
- current name idea for event is *Cover Your Assets*

May Mental Health Event planning: -

- reviewed event options
 - YMHFA (for the community)
 - some communities haven't had many successful attempts at trying to hold these due to the length of the class
 - survey monkey to community members???
 - possible regional collaboration
 - Discussion re. Chief Justice Broderick
 - feedback- students went back to advisory with peer to peer with adult and time to process (1/2 focus discussion) after he presents
 - possibly involve the Connect trained students from the HS
 - connect with Lisa R. and Stacy G. (Interlakes) for follow up questions re. his presentation
 - Teenage Room
 - positive feedback from prior event (30-40 people)
 - FHS paid \$800-\$1200
 - Newfound held event as well- Nancy will check on details

OTHER:

- a. change of date for the CMT meeting for the month of March:
1-3pm on Monday, March 18 @ Winnisquam Regional Middle School
(this is for the month of March to allow for others to attend our meeting who otherwise are unable to)
- b. CMT MOUs - renewing involvement
- c. School Nurses - Wellness Fair May 7
- d. the possibility of having tables at the district meeting was discussed