



# Winnisquam Office of Student Wellness

Sarah Fox  
Program Director

Jess Descoteaux  
Needs & Eligibility Coordinator/  
Communications

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## Community Management Team Meeting Minutes for October 10, 2019

### **Attendees:**

<a href="#">Dawn Shimberg</a> - YAP/ Stand Up Winnisquam	<a href="#">Michelle Lennon</a> - Greater Tilton Area Family Resource Center - Director	Wendy Hanley - Greater Tilton Area Family Resource Center - Employment Specialist
<a href="#">Rick Frost</a> - National Guard Counterdrug Task Force	<a href="#">Amanda Santoro</a> - WRMS Counselor	<a href="#">Melissa Lee</a> - UNH Coop Ext - Youth & Family Resilience
<a href="#">Danielle Perinno</a> - Greater Tilton Area Family Resource Center - ECE Specialist	<a href="#">Jess Descoteaux</a> - Office of Student Wellness	<a href="#">Sarah Fox</a> - Office of Student Wellness
<a href="#">Steve Swanson</a> - Lakes Region Community Services - Community Collaborator	<a href="#">Paul Newel</a> - WRSD - Behavioral Coord.	<a href="#">Tara Nelson</a> - Riverbend - Coordinator

### **Updates:**

#### **Danielle:**

- GTAFC was awarded the CLiF grant
  - Will be hosting an event that will be open to Winnisquam families
  - Danielle has been working with Eva from Headstart to work with referrals. Headstart needs to fill spots or they could potentially lose funding. They have worked out a way to send referrals to each other.
- Upcoming Events for GTAFC:
  - Pumpkin Carving - RSVP event



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- Christmas Event - dinner, crafts, stockings - also an RSVP event
    - Looking for 2 crafters to assist Danielle
  - Recovery Coach Academy
  - Suicide Prevention Training (open until full - 11/22 9am-3pm)
  - Harm Reduction Training (January)
  - First Aid/ AED/ CPR training

## **Michelle:**

- Discussion around satellite FRC location in Franklin
- Hired Wendy - she works to assist individuals find employment and assist families and individuals who are homeless

## **Melissa:**

- YMHFA Certified instructor - can co-train now and is eager to offer it in the area
- Work is evolving- part of a new team- forming a logic model
  - Youth and Family resilience
  - MTSS-B systems level work- working in schools
  - Coalition work with substance use prevention

## **Amanda:**

- U-Science - just finished with students - 7th grade- 1st round

## **Rick:**

- Governor's Prevention Task Force
  - Working with VT and ME with NE HIDTA in prevention - new approach - pilot



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- Help with planning - money is available for implementation - looking for community interested
  - Joint Military Task Force
    - Service members, veterans, etc in the area involving military youth
      - ACES, YRBS data - looking for project - needs school involvement.
        - Receive information such as when service members are being deployed
        - Supports surrounding military holidays

## **Dawn:**

- Teen Peer Support Group
  - Ashley from HealthFirst is working with it too.
  - 1 person in first few meetings which will continue to be Mondays from 4-5 pm
  - There is a need. First two calls were for 9 year olds.
  - Dawn will share the new flyer that has been created
- Vaping education with guidance @ MS will continue every 6 weeks (rm 33) on Tuesday mornings
- A lot of vaping referrals - many go to court first then to YAP for education piece
- A lot of Community Service projects
- A lot of behaviors - based from early trauma
- Teen Court Enrichment class is going well. 3 students this term.

## **Tara:**



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- In the process of hiring 2 new staff for kid's team (hopefully by the end of Oct early Nov) This will mean full staffing at Riverbend.
  - 32 on wait list
  - Ready Set Connect- Autism Center opened in Tilton- Staff will tour - ABA Therapy - Social Skills Groups - refer students there for additional support
  - Consultation hours with Riverbend - Paul will look into for the school district

## **Paul:**

- There's a need for making connections with CMT members
  - To connect with each of the 5 schools to support students
- Restructure of ISS
  - Create a rubric and teach instead of a punishment - restorative justice principles

## **Steve: Community Collaboration Grant Discussion**

- Community Collaboration - Developed a leadership team (Michelle, Barb, Sarah, Steve, Erin, others) - to community collaboration groups
- Site visit next week (10/18) from Jerry Milner, Associate Commissioner of the Children's Bureau (<https://vimeo.com/313243156>)
- 5 year grant - possibly extending to 5 more and becoming a model of prevention
- Framework - not a project - movement, trying to change culture for families experiencing trauma
- DCYF is at the table - changing to a strengths based approach



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- Hoping that CMT members would be willing to merge to become part of that “movement” - not to add another meeting, but alternate months. There was agreement to do so.
  - NOTE: November 14th meeting will be cancelled with an alternative, joint meeting for the Franklin/Winnisquam CMT members who are interested in participating in the Community Collaborations planning.

## **Event updates:**

- Stand Up Winnisquam updates - 12 Community Sectors, Nov. 5 @ Tilton School
- Our first Parent Cafe October 30, 9-11:30 Greater Tilton Family Resource Center  
[www.surveymonkey.com/r/ParentCafeWinnisquam](http://www.surveymonkey.com/r/ParentCafeWinnisquam)
- YMHFA November 2nd [www.surveymonkey.com/r/NOV2YMHFA](http://www.surveymonkey.com/r/NOV2YMHFA)

## **Sustainability:**

- BHI wants information for VISIO end of year 3 presentation. (Tiered family - focus - discussion for next meeting)
- Use evals from BHI to show roadmap where we started to where we are now.

## **Other:**

- Groundwork is being done for ACERT - watching Laconia. Maybe Americorp person from GTAFCRC can assist with start up. Someone with experience is needed.



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- Money from grant for safe station can possibly be used toward ACERT in the area - \$80,000 possibly toward training
  - Social Worker position has been posted
  - Next meetings:
    - Stand Up Winnisquam-Leadership: November 18th from 9:30am-11:00am
    - Early Childhood: November 18th 11:00 am-1:00 pm
    - CMT: December 12th from 1:00 pm-3:00 pm
- \*all meetings will be held at WRMS in the Office of Student Wellness