

PANEL DISCUSSION | AUGUST 20, 2020

7:00 PM TO 8:00 PM

Watch the movie between August 7th and August 20th and then join us to hear from local experts and talk with other families about *Growing up in the Digital Age*.

**The movie will be available for viewing until August 22nd.*

Door prizes will be awarded during the panel discussion!

REGISTER HERE:

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UNCOVERING SKILLS FOR STRESS RESILIENCE

HIGH STRESS, ANXIETY AND DEPRESSION ARE EXPERIENCED BY MILLIONS OF YOUNG PEOPLE. WE FOLLOW PHYSICIAN AND FILMMAKER, DELANEY RUSTON, AS SHE DISCOVERS SOLUTIONS FOR IMPROVED ADOLESCENT WELL-BEING IN THE DIGITAL AGE.

screenagersmovie.com

